

Patient Information Handout: PT-141 / Bremelanotide Pen

Please use this medication only as prescribed by your treating doctor.

Medication	PT-141, also known as bremelanotide
Pen strength	4 mg/mL
Pen volume	3 mL
Total medication in pen	12 mg

Starting dose

15 clicks = 0.6 mg

Use as needed, approximately 45-60 minutes before anticipated sexual activity.

What is PT-141 used for?

PT-141 may help improve sexual desire/libido in selected patients. It works mainly through the brain's melanocortin system rather than directly increasing blood flow. It is not intended simply as a general sexual performance enhancer.

Dose adjustment

Do not increase the dose unless advised by your doctor. If the starting dose is well tolerated but not effective, your doctor may advise a cautious increase on a later occasion. Do not add extra clicks on the same day if the first dose does not work.

Clicks	Approximate dose
15 clicks	0.6 mg - starting dose
20 clicks	0.8 mg
25 clicks	1.0 mg
30 clicks	1.2 mg
44 clicks	approximately 1.75 mg

How to inject

- Inject under the skin into the lower abdomen or outer thigh.
- Avoid areas that are bruised, red, painful, scarred, hard, or irritated.
- Use a clean injection technique as demonstrated by your healthcare provider.

Maximum use

Do not use more than one dose in 24 hours. Do not use more than **eight doses per month**. More frequent use increases the risk of side effects, including blood-pressure effects.

Possible side effects

Side effect	What to know
Nausea	Common, especially with first use. It may last a few hours.
Flushing / warmth	Usually temporary.
Headache	Can occur.
Dizziness or tiredness	Avoid excess alcohol and do not drive if affected.
Injection-site redness or discomfort	Usually mild.
Vomiting	Less common, but possible. Contact your doctor if severe.
Darkening of skin/gums	More likely with frequent or higher-dose use.

Do not use PT-141 if you have:

- Uncontrolled high blood pressure.
- Known heart disease or significant cardiovascular disease.
- A previous allergic reaction to PT-141 / bremelanotide.
- Severe nausea or vomiting after previous use.
- Pregnancy, suspected pregnancy, or if trying to conceive unless specifically cleared by your doctor.

Bremelanotide can temporarily increase blood pressure and reduce heart rate. This is why cardiovascular screening and dose limits matter.

Use with caution if you have:

- Treated high blood pressure.
- Migraine problems.
- Kidney or liver disease.
- A history of fainting, dizziness, or low heart rate.
- Multiple cardiovascular risk factors.
- Severe medication-related nausea.

Medication note

PT-141 may slow stomach emptying, so it can affect the timing of absorption of some oral medicines. Tell your doctor if you take important time-sensitive medication.

When to seek urgent help

Seek urgent medical care if you develop chest pain, severe headache, fainting, severe dizziness, shortness of breath, severe or persistent vomiting, very high blood pressure, swelling, rash, or difficulty breathing.

Storage

Store as instructed by your dispensing pharmacy. Keep out of reach of children. Do not use if the solution looks cloudy, discoloured, or contains particles.

Simple instruction

Start with 15 clicks injected under the skin of the lower abdomen or outer thigh, 45-60 minutes before anticipated sexual activity. Do not use more than once in 24 hours or more than eight times per month. Do not increase the dose unless advised by your doctor.